



CURRICULUM VITAE

Professional Experience:

- Mental health and psychosocial support in the context of development and humanitarian aid
- Psychotraumatology: Trauma work in conflict and post-conflict areas and in refugee settings, trauma sensitive approach
- Gender, gender based violence
- Stress management and crisis intervention, care for caregivers
- Training, coaching and supervision (psychosocial counselling, coping with stress and trauma, community based approaches, teacher training on trauma-sensitive education, psychosocial support in areas of conflict and crisis, gender and gender based violence, intercultural competence)
- Resource oriented counselling and Gestalt Therapy
- Participatory methods
- Project planning, implementation, monitoring and evaluation
- Foreign language abilities: fluent Spanish, good English

Current Professional Occupation (for details please see annex 1):

March 19 – **Humanity and Inclusion (former Handicap International):** MHPSS Technical Coordinator for
March 20 the HI Syrian Mission, based in Amman, Jordan

Since
January 10 Freelance work as a trainer, coach and consultant for:

- **GIZ/Health Focus:** Team leader for the MHPSS component of the GIZ project “Health Sector Employment Promotion and MHPSS in Syria” January 2018-February 2019)
- **Medicos del Mundo (MdM):** A three months mission as MHPSS advisor for a project in North-East Syria (NES), 2 months remotely and 4 weeks inside NES (October 2017-January 2018)
- **Medica Mondiale: Trainings on Psychosocial Counselling,** trauma-sensitive approach and sexualised violence in Germany, Afghanistan and the **Kurdish Region of Iraq (KRI) (cooperation with GIZ and Haukari)**
- **Medica Afghanistan:** Implementation of a quality assurance system, conceptualization of the work with peer-support groups
- **AIZ (Academy for International Cooperation):** Trainings on coping with stress and trauma for international cooperation experts
- **Volunteer Services:** Trainings for desk officers, facilitators and workshops for returnees on dealing with crisis situations (IJGD), elaboration of guidelines and leaflets on support in crisis situation and sexualized violence.
- **Civil Peace Service:** Individual coaching and training for international peace experts for GIZ, AGEH, Kurve Wustrow, Forum ZFD and other agencies
- **For different German agencies:** Trainings on self-care and resilience, burnout, Psychological First Aid, trauma-sensitive work with refugees, trauma-sensitive education with young refugees.
- **German Red Cross:** Development and implementation of a Psychosocial Support Service concept for international GRC delegates

Since
December
08 Consultancies for Medica Mondiale: *Medica Afghanistan in Kabul:* Assessment, clinical supervision and counselling training for the local psychosocial team (December 2008, February, April/May and November 2009, April 2012 and 2013)
In Guatemala: Training for ECAP (Equipo de estudios comunitarios y acción psicosocial) **on working with of survivors of sexualised violence in contexts war** (June 2009)

2005 – 2008 on mission for Médecins sans Frontières (MSF):

- **June – August 08:** 9 weeks as a mental health officer for MSF OCA in Myanmar: Implementation of a **psychosocial program for IDP's** and communities affected by the Cyclone Nargis (counselling training, **teacher training, supervision, coaching, staff care**)
- **February 06 – May 07:** Mental health officer with MSF OCA in Colombia: Coordination of the psychosocial project team (psychosocial counselling, supervision, **community work with IDP's, teacher training and advising for schools in conflict zones**)
- **June – November 05:** Mental health officer with MSF-Holland in a camp for **Darfur refugees in Chad: Implementation of a psychosocial support programme** (training and supervision of psychosocial counsellors, **teacher training, project management**)

Professional Experience up to June 2005 with International Cooperation and with Refugees

Since October 99	Freelance work as a consultant, coach and trainer for German development agencies and peace services, as a Gestalt therapist, supervisor and as a trainer for stress management (<i>for details see annex 1</i>)
August 01 – April 05	Coordination of the staff care team for expats of the Development Service of the German Protestant Churches (EED)
October 97 – September 99	Employment as a scientific assistant at the Treatment Centre of Torture Victims: Elaborating a study on the need of psychosocial care for refugee children in Berlin and co-therapy with children groups
April – September 97	Free lance work for the Treatment Centre for Torture Victims in Berlin: Elaborating clinical certificates for traumatised Bosnian refugees
November 90 – July 96	Employment as a psychologist at the Instituto de la Mujer, IMU (Women's Institute) in San Salvador, El Salvador (from January 1993 as expert seconded by Service Overseas): Planning and implementing a community based trauma work program with women and children affected by the war in poor rural and semi-rural communities. (Concept elaboration and organisation of the program, community work, school advising, team coordination, trainings with the team of IMU and with the staff of other organisations, inter-agency co-ordination on children's rights)

Other Working Experience abroad

Since October 02	Short assignments in different African countries, in Croatia, Israel, Mexico, Honduras, Guatemala and Afghanistan as a consultant for Service Overseas, Medica Mondiale and other agencies (<i>s. annex 1</i>)
October and November 95	Philippines: Participation in the training course "Psychosocial Help for Children Victims of Political Violence" provided by the Children's Rehabilitation Centre (CRC), Manila
November 91	Chile: Attending the 3rd International Conference on "Health, Political Repression and Human Rights" in Santiago de Chile, visiting different organisations in Chile, Columbia: Project visits
February – August 90	Nicaragua: member of a solidarity brigade, exploring work possibilities for MHPS

Other Professional Experience

April 88 – January 90	Freelancing in psycho-educational assistance with children of migrant families
January 85 - December 86	Scientific researcher of the project "Standardisation and Validation of a Diagnostic Instrument for Personal Control in Children" at the Institute of Psychology, University of Munich. Director: Prof. Dr. Schneewind

Professional Qualification

Annex: Freelance Work Experience

Training on psychosocial work, trauma work and sexualised violence

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| since 2015 | <ul style="list-style-type: none"> • Medica Mondiale/Haukari: Training on psychosocial counseling in Sulaimaniyah, Kurdish Region of Iraq (KRI): September and December 2016, April and Juli 2017 • GIZ/Medica Mondiale: 3 Training modules on psychosocial counseling in Dohuk, (KRI) in February, April and June 2016 • Heartland Alliance International: Training on Sexualised Violence in Erbil (KRI), August 2015 |
| since 2014 | <ul style="list-style-type: none"> • Kommunales Bildungswerk Berlin (Communal Training Institute): Trainings on Psychological First Aid, Trauma-Sensitive Approach for working with refugees. |
| since 2002 | <p>Sexualised violence and traumatisation in crisis regions for</p> <ul style="list-style-type: none"> • Individual trainings for peace experts • Medica Afghanistan: Several training modules with the counsellors of the psychosocial program (six times since 2008) • Medica Mondiale: Courses in Cologne (May and October 10) and for women's organisations in Guatemala (2009) and Mexico (2004) • University of Heidelberg as part of the curricula: International course on Health of Unstable Population (September 09); Health Care in Development Work (09 – 12, twice a year) Core Module of the Master's of International Health (12 and 13) • EED and DED as part of the preparation for peace experts • Peace Brigades International (12/04) |

Consultancies

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| January, February 2015 | Co-consultancy for a feasibility study on a Civil Peace Service in the Central African Republic for the AGEH (Association for Development Cooperation) |
| Since 2012 | Development and implementation of a quality assurance system for the psychosocial and the Legal Aid program of Medica Afghanistan in Kabul |
| January 2005 | Evaluation of the project "Qualification for health and psycho social workers in Afghanistan on gender based trauma work" in Kabul , run by Medica Mondiale, Germany |
| January – November 03 | Evaluation of a training on trauma-work for Afghan health professionals living in Germany as preparation for a mission in Afghanistan as part of the program Doctorane Omid run by Medica Mondiale, Germany |
| April 01 | Consultancy for a community based psychosocial program of the Council of Churches Sierra Leone (CCSL) and the Christian Health Association of Sierra Leone (CHASL) in Sierra Leone, preparing the recruitment of a psychologist seconded by Service Overseas, Germany |
| October 00 – January 01 | Elaboration of a concept paper for Service Overseas on "Working with Traumatised People." Conceptual guidelines for the recruitment of experts by the EED (Evangelischer Entwicklungsdienst – Development Service of the German Protestant Churches)" |

Trainings on stress management

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| September 2016 and February 2017 | Academy for Conflict Transformation: Course on Selfcare in Peace work |
| November 2015 | Kindernothilfe (Children Emergency Aid): Course on Trauma-Dynamic and resilience |
| Since 2011 | Academy for International Cooperation (AIZ): Courses on "Coping with Stress and Trauma" for international development and cooperation experts |
| Since 2010 | International Youth Services (IJGD): Annual workshops on coping with stress and crisis |

	situations for returnees of volunteer services abroad
2002-2005	Courses on coping with stress during international missions for several German organisations like Forum Civil Peace Services (ZFD), University Witten/Herdecke, German Development Service (DED)
2004	Stress management trainings for nurses of the University Hospital Benjamin Franklin

Coaching of Civil Peace and other experts of international cooperation

Since 2011	Supervisor and coach for international peace experts of EIRENE, Kurve Wustrow, GIZ, AGEH, Weltfriedensdienst (WFD)
2011	For the AIZ in Kabul : Co-trainer for the follow up course on Intercultural Management as part of the Competence Training Afghanistan
2001 - 2005	Coordination of the counsellor team of the Development Service of the German Protestant Churches (EED) for international experts in stressful situations Counselling for Civil Peace and other experts of the EED, World Peace Service (WFD), also on site in countries like in Sierra Leone, Guinea Bissao, Senegal, South Africa, Namibia, South Sudan, East Timor, Croatia, Bosnia and Palestine: On the job visits, e-mail coaching, counselling meetings in Germany Facilitation of regional workshops for Civil Peace Experts in Africa (1/04 in Cameroun and 2/02 in Uganda)
December 99 – February 00	Elaboration of a paper on Psychosocial Support and Caring for Civil Peace Service workers for Service Overseas

Training, courses and supervision on support in crisis situations during international missions

September/October 2015	Elaboration of Guidelines for Dealing with Crisis Situations for volunteer services. QV weltof-fen, Germany
Since 2010	<ul style="list-style-type: none"> • For Action Reconciliation (Service for Peace), ASF (November 2014) • For members of different volunteers services on dealing with psychological disorders (October 2014) • For staff of the Volunteers Service ICJA (May 12) • For members of the counterparts of the International Youth Services (IJGD) (June 11) • For facilitators of the volunteers services of the German Development Service (DED) (April 11) • During the Weltwärts-Conference (April 11) • Supervision for members of the Peer Support Network of Doctors without Borders (MSF) • For staff of the volunteers service of EIRENE (Aug 10)
2003-2004	<ul style="list-style-type: none"> • For the staff of the peace services EIRENE and Kurve Wustrow , and of the EED